

SATURDAY, OCTOBER 26, 2024

**BEAST ON THE BENCH & DEADLIFT
CHAMPIONSHIPS**

*COMPETITION WILL BE HELD AT THE BRICK (BESIDE FREEDOM LIFE CHURCH)
1001 MARTIN CREEK ROAD HENDERSON NC 27537*

(WRIST WRAPS, ELBOW WRAPS, KNEE WRAPS AND BELTS ARE ALLOWED)

WEIGH-INS: FRIDAY 6 PM -7:30PM SATURDAY 7AM - 9AM

RULES MEETING: 9:15AM LIFTING BEGINS: 10AM

SPECTATORS: ADULTS - \$5

CHILDREN UNDER 12 - FREE

IN HONOR OF THE NORTH CAROLINA STATE STRENGTH SPORTS HALL OF FAME INDUCTEES

HARRY ORR

WILLIAM HAWKINS

LEWIS BRODIE

CASEY ORR

ED BROOKS

CHIP MARTIN

JAKE ROBERSON

HAROLD DAVIS

RED SWAIN

PASTOR JEFF PREWER

BOBBY JONES

MARIO TORREZ

SARAH COFFEY

DENNIS RENN

RL GURLEY

GLORIA KNIGHT-

LARRY WEST

WALKER FERGUSON

MCNEIL

JOE DANIEL

MICHAEL BELK

JERMEY WRIGHT

JAMES PERRY

BILL SCHMIDT

GENE BERRY

ZELMO PERRY

PAUL BOSSI

RALPH PEACE

DAN CORRIDEAN

CONTACT INFORMATION: HARRY ORR

(252) 432-4196 HERR2553@YAHOO.COM

PLEASE MAIL ALL ENTRIES TO: HARRY ORR, BRICK POWER TEAM LEADER

2317 N GARNETT STREET HENDERSON NC 27537

FUNDRAISING EVENT FOR SARAH COFFEY & MARSHA RANES

ALL SPONSORS ARE WELCOME

YOUR SUPPORT WILL BE GREATLY APPRECIATED

SATURDAY, OCTOBER 26TH 2024

BEAST ON THE BENCH AT THE BRICK

NAME _____

E-MAIL _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

PHONE # _____ AGE _____ GYM _____

BENCH PRESS CLASSES

ADULTS \$50

TEENS \$40

AWARDS: 1ST AND 2ND PLACES

AGE CLASSES

TEEN: 13-15 16-19

MASTER WOMEN/MEN: 40-44 45-49 50-54 55-59 60-64 65-69 70+

OPEN CLASSES

WOMEN/MEN: 132 148 165 181 198 220 242 275 308

DEADLIFT CLASSES

COEFFICIENT WILL BE USED TO DETERMINE PLACES IN EACH CLASS

ADULTS \$50

TEENS \$40

AWARDS: 1ST AND 2ND PLACES

BEST LIFTERS: MASTERS AND OPEN (MEN & WOMEN)

AGE CLASSES

TEEN: 13-15 16-19

WOMEN MASTERS: [40 - 50] [OVER 50+] MEN MASTERS: [40 - 49] [OVER 49-60] 60+

OPEN CLASSES

WOMEN: [132 & UNDER] [OVER 132-181] [OVER 181]

MEN: [132 -165] [OVER 165- 220] [OVER 220-275] [OVER 275+]

WAIVER OF CLAIMS - READ CAREFULLY AND SIGN BELOW:

IN CONSIDERATION OF MY ACCEPTANCE OF THIS ENTRY, I HEREBY FOR MYSELF, EXECUTOR, AND ADMINISTRATORS WAIVE AND RELEASE ALL RIGHTS AND CLAIMS FOR DAMAGE OR INJURY WHICH I MAY INCUR BY VIRTUE OF MY COMPETING IN THE BEAST ON THE BENCH CHAMPIONSHIPS AS AGAINST THE BRICK, HARRY ORR, GLORIA KNIGHT-McNEIL, MEET VOLUNTEERS AND SPONSORS. I ALSO REALIZE THAT THE SPORT OF POWER LIFTING IS A HIGH-RISK SPORT, AND I COULD BE INJURED. I CERTIFY THAT I AM IN GOOD HEALTH AND HAVE NO SERIOUS HEALTH PROBLEMS AND ASSUME FULL RESPONSIBILITY FOR SUCH CONDITION. IN ADDITION, I WAIVE ALL RIGHTS TO ANY PICTURES AND VIDEO TAKEN AT THIS EVENT. I HAVE READ AND FULLY UNDERSTAND THE WAIVER AND ASSUME ALL RISK FOR INJURY AND DO HERE BY VERIFY WITH MY SIGNATURE.

SIGNATURE _____

PARENT SIGNATURE IF UNDER 18 YEARS OF AGE _____

DATE _____